

COONABARABRAN HIGH SCHOOL and P&C NEWSLETTER

FEBRUARY 2021



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Email: coonabarab-h.school@det.nsw.edu.au

Ms M Doolan, Principal

Ms Karine Williams P&C President

Upcoming Dates:

P&C Meeting

22-2-21

5.30pm School Library

All Welcome

HSC Parent & Student Information Evening

23-2-21

6.00pm School Library

Indigenous Families Welcome BBQ

24-2-21

***6.00pm at the Gathering
Place***

School Photo Day Thursday 25-02-21

Elevate Study Skills Parent Information Evening

9-3-21

6.00pm School Library

Year 7 & 10 Vaccinations Tuesday 16-3-21



Excellence
Resilience
Respect

Ms. Mary Doolan Principal's Report

Welcome to a new school year and hopefully one which will be a little gentler than 2021. Our Year has commenced positively and in particular, our Year 7 students are settling in well. My thanks to their year advisers Mr. Deasey and Miss Bukovac for crafting such a smooth transition for these students.

Our community was delighted that a number of our members were recognised in the recent Warrumbungle Shire Council Australia Day Awards! Congratulations to:

Our D7 class—Young Environmental Citizens of the Year

Alirah Watton—Young Sportswoman of the Year

Mrs Aimee Rossler—Cultural Achievement Award

Luke Bonello (class of 2020) - Young Citizen of the Year

Last Wednesday's swimming carnival was a great day. There were many great individual performances in the pool but for staff the true highlight was the strong leadership from our senior students, which really lifted participation and created an enthusiastic spirit of sportsmanship at the carnival. Well done Mopra, ably led by Molly Sutherland and Mathew Hungerford for winning not only the team dress up (Mopra Under the Sea was fabulous) but also the overall point score on the day!

A lovely tradition we have at CHS is to maintain contact with past students. Last Tuesday evening, Anna Goard, Betheny Freeman, Amelia Smith and Breanna Menz, (class of 2020) generously gave up their time to share HSC survival tips with our current Year 12 students. It was a really good night and the students who attended came away with much sage advice to support their studies and wellbeing over the coming year.

Our Year 7 Welcome BBQ this week was another happy event. Strong connections between school and home underpin positive educational outcomes so it was great to meet so many parents and carers of our Year 7 students.

Looking forward to a productive term. Should you have any queries or concerns, please do not hesitate to contact me at school.

**MS. MARY DOOLAN
PRINCIPAL**

*Swimming Carnival
winning Mopra
House Captains:
Mathew
Hungerford &
Molly Sutherland
with age champions
of 2021.*





CHS Swimming Carnival 2021

The annual school swimming carnival was held on Wednesday 10th of February in near perfect conditions. Mitchell Aubusson from the Roosters along with two NRL development officers attended the start of the day helping judge the best dressed competition and

they were quite alarmed when they saw a few mice swimming in the pool. This did not deter the tough country kids though. At the end of the day Mopra was victorious with 368 points. We wish our students good luck for the North West Regional Carnival to be held in Armidale on Tuesday 2nd March. Age champions were as follows:

| | | |
|--------|------------------|----------------|
| 12yrs | Taylor Percival | Makai Davis |
| 13 yrs | Cheyenne Nielson | Zane Jenner |
| 14yrs | Elsie Kearney | Riley Mills |
| 15 yrs | Bonnie England | Charlie Bonham |
| 16 yrs | Kada Hutt | Matson Ayoub |



**Congratulations
Mopra!**





P & C PRESIDENT'S REPORT

Happy New Year and best wishes for 2021.

Welcome all new families to the school community.

We have a small but active P&C and encourage you to consider joining us. We meet on the last Monday of each month during term time, at 5:30pm in the school library and try to keep meetings to about an hour.

While the P&C raises funds to support school projects, we are also an important link between the community, parents and the school. Your input is important to building a strong school community.

As an example, the junior bathrooms require renovation/ updating – the P&C wrote to the Department in support of this school project, and there is now a plan in place to ensure the renovations. While this was not accomplished by the P&C alone, we had a voice in supporting our school.

Covid-19 severely impacted our fundraising abilities in 2020 and will continue to impact some of our activities in 2021. Sadly, we were also unable to meet for most of 2020, but managed to secure some Grant Funding for projects in our Science department, including significant funds for our Robotics team.

This year we would like to explore some new ways of raising funds for our school, if you would like to share ideas, but don't like committees, please feel free to talk to us at a meeting or email us at chspnc@gmail.com

Funds raised in the last few years have contributed to:

- Co-funding of a Youth Worker

- Supported students to attend Moorambilla

- Paid half the cost of a new Baby Grand Piano

- Purchased resources for most faculties

- Applications for Grant Funding for programs like the Feast of Words

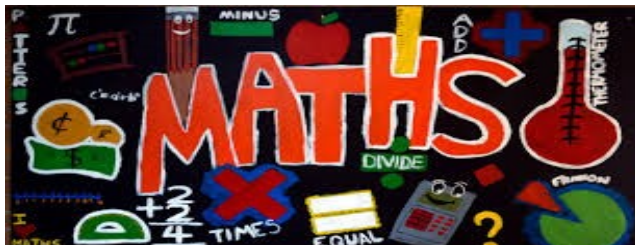
The P&C is also responsible for the school canteen, which is very successful and is an important part of our school.

In 2020 we gained *Healthy Canteen* status, thanks to our very dedicated canteen staff – Sue & Trish, and the support of our Principal, Mary.

Most important for our community to note is that our P&C is at risk of having to be dissolved, due to lack of parent/carer and community participation. This is a very drastic action, and will be discussed at our next meeting on 22 February 2021 at 5:30pm in the school library. You are invited to attend this very important meeting and offer suggestions on our future.

Karine Williams

Your P&C Federation
Committed to Public Education



From the Maths Faculty

Years 8-12

All students require a Casio fx82AU Plus calculator for classes.

Calculators can be purchased from the school office for \$24.00



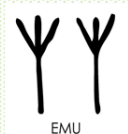
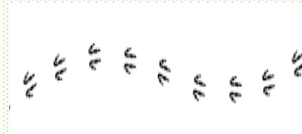


Six Seasons

Brett Ashby, a traditional Gamilaraay artist, teamed up with the Local Land Services and Ange Bunner of National Parks and Wildlife to create this wonderful painting.

Students from Coonabarabran High School were involved in painting the artwork, which was designed by Brett Ashby. The painting represents weather, animals, stars and plants. It explains the six seasons and what that means to Aboriginal people. The artwork was presented to Bek Sheppard, Senior Land Services Officer—Aboriginal Communities. The painting will be displayed at the Local Lands Services office in Coonabarabran.

Alison Stanton



EMU

Parent Teacher Interviews



Coonabarabran High School will be holding Parent Teacher Interviews Tuesday evening 16th March. Staff will be present from 4.00pm – 7.00pm and interviews will take place with Year Advisers and Teachers in either the Library, English or Science rooms.

A note will be sent home with students closer to the date.

Please do not hesitate to contact the school to discuss a suitable alternate arrangement to meet with teachers if this date is not convenient.



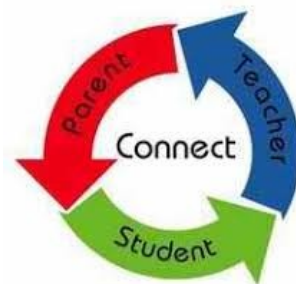
Parent Information

WHO SHOULD I CONTACT?



Below outlines the Year Advisers and Assistant Year Advisers for each year group. In the normal course, they are the best person to touch base with initially regarding your child's wellbeing. Your child's subject teacher is usually the best initial point of contact re matters.

| Year | Year Adviser | Assistant Year Adviser |
|------|-------------------------|------------------------|
| 7 | <i>Mr H Deasey</i> | <i>Ms V Bukovac</i> |
| 8 | <i>Mr M Armstrong</i> | <i>Ms L Hawkins</i> |
| 9 | <i>Mrs M Wilson</i> | <i>Mr C Cousens</i> |
| 10 | <i>Mrs A Atkinson</i> | <i>Mr M Guiot</i> |
| 11 | <i>Mrs M Jenner</i> | <i>Ms S Johnston</i> |
| 12 | <i>Ms Kat Christoff</i> | <i>Mr C Rollo</i> |
| | <i>Ms A Stanton</i> | <i>AEO</i> |



School Attendance

All students should be at school unless:

- They have a medical certificate which states that they are unable to return to school due to an ongoing medical condition.
- They are currently unwell.

Students who have a medical certificate to stay at home will be supported to learn from home in line with regular procedures if they are able to. These regular procedures are different to what was offered during the learning from home period. If you require work to be provided to your child whilst they are at home due to an underlying health condition, please contact the school for assistance.

If your child is unwell, do not send them to school. If they are unwell at school you or your nominated emergency contact will need to collect them immediately. Please make sure your contact details are up to date.

If a student is absent without a medical reason for more than three days, this will be recorded as an unauthorised absence and followed up by the school.

If you need any support to get your child back to school, please contact the school.

NSW SCHOOL VACCINATION PROGRAM

16th March 2021



Each year NSW Health works in partnership with schools to offer the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school vaccination program.

In 2021 the following vaccines will be offered:

| YEARS | VACCINE | NUMBER OF DOSES |
|----------|---|---------------------------------|
| Year 7 | Human papillomavirus (HPV) vaccine | 2-doses at least 6 months apart |
| | Diphtheria-Tetanus-Pertussis (whooping cough) vaccine | Single dose |
| Years 10 | Meningococcal ACWY vaccine | Single dose |

Parent Information Kits that include an information sheet, consent form and privacy statement will be sent home to parents/guardians. To consent to the vaccination of their child, parents/guardians are advised to:

- read all the information provided
- complete the consent form, including signing their name next to the vaccine/s they would like their child to receive
- return the completed consent form to their child's school
- ensure that their child eats breakfast on the day of the school vaccination clinic.

Please note that, to improve vaccination completion, students will be opportunistically offered any missed doses during Year 7 or 8 (for HPV and dTpa vaccination) and during Year 10 or 11 (for Meningococcal ACWY vaccination) or consent signed in 2020.

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the school Principal or phoning the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at www.health.nsw.gov.au/immunisation/Pages/withdraw_consent.aspx.

A Record of Vaccination will be provided to each student vaccinated at each clinic either as a physical card or a text message sent to the mobile number recorded on the consent form. Details about vaccinations given at school will also be uploaded to the Australian Immunisation Register (AIR) to support complete vaccination histories.

Coonabarabran High School

SCHOOL PHOTOGRAPHS WILL BE TAKEN ON:

Thursday 25 February 2021

**ORDER NOW go to www.advancedlife.com.au and enter the code
RE6 Z71 32X**

Dear Parents,

School photographs are scheduled to be taken by **advancedlife**. Whilst an envelope and flyer will be distributed shortly, if possible it is our preference that ordering be completed online to reduce administration and potential security issues related to the return of cash and envelopes on photo day.

Orders for packages and sibling photographs can be placed securely online at www.advancedlife.com.au using our school's unique **9 digit advancedorder code**. Portrait and group package orders are due by photography day.

Should you wish to purchase a sibling photograph online, the order must be placed no later than the day before photography day. Sibling photographs will only be taken if an order has been placed.

Should you have any queries concerning school photographs or online ordering, please contact us at www.advancedlife.com.au/contact

Dear Parents,

School photography day is coming up very soon—**Thursday 25th February 2021**. Group and portrait photographs can be purchased by following the link above or by using the envelope provided.

IMPORTANT INFORMATION:

- School photos purchased online **DO NOT** require envelopes returned to school
- Don't forget to order your sibling photos now, if your school is offering sibling photos*
- **Late fees/additional charges will be applied for purchases after photo day**
- Photos will be returned to your school for distribution approximately six weeks after photos are taken
- Past years' photographs including sports, co-curricular and representative groups available at school's **advancedorder** site (follow the link above) and your child's **advancedyou** photo site

*Sibling photographs must be ordered either online or by order envelope prior to the day of photography. A photograph will not be taken without an order. Sibling photographs can only be taken of children enrolled at the school. **Please note:** Sibling photographs are not offered at all schools.

advancedlife would like to express our appreciation to Coonabarabran High School for placing your trust in us. Please remember we offer a 100% money-back guarantee on our products, for your peace of mind, and are also here to resolve any issues you may experience to ensure your satisfaction. If you have any questions, comments or feedback relating to your **advancedlife** experience, please contact us at: enquiries@advancedlife.com.au





Fresh Tastes
Healthy Food at
School

CHS CANTEEN

Rice Paper rolls
(2)
\$5.50
Chicken or
Vegetarian
Gluten Free

*Upcoming
Specials*

Thai Beef
Salad Box
\$5.50
Gluten Free
available



CHS CANTEEN



NOW AVAILABLE

Year 12

On the last school day of 2020, the current

Year 12 group held a car wash to raise money toward their Year 12 formal.



Due to COVID restrictions at the time, we were only able to wash cars belonging to school staff. Year 12 are planning to do a number of fund raisers this year to continue raising funds for their formal.

Kat Christoff



Maddy Heywood and Alirah Watton were once again selected to represent North West in the CHS Softball tournament and what admirable representatives they turned out to be.

Playing their best softball to date, the girls successfully matched up against some of the strongest young softball talent in the state. The Coona girls along with ten others from schools within the North West region played very experienced teams from Sydney and other evenly matched regional areas.



Alirah demonstrated awesome skills in the outfield, taking numerous spectacular, run-saving catches. Maddy played most games in the infield, showcasing her versatility at 2nd base, 3rd base and short stop. Both girls were comfortable in the batting box (even against some really fast pitches), they got great hits, were stealing bases and sliding!

A testament to their progress as softball players.

Congratulations to the girls for another successful tournament building friendships, softball knowledge and skills.

This was Maddy's last year, the team will miss her a lot.

Sherelle Moore



INDUSTRIAL TECHNOLOGY PROJECTS FOR THE COMMUNITY

During the last few weeks of Term 4, a group of students have worked tirelessly together with Mr Mark Heaney and Mr Dan Stewart to create horse jump trailers. The students involved were Angus Heaney, Lachlan McGill, Matthew Wood, Lochlan Campbell, Jack Richards, Jack Larkin and Alex Robinson. They managed to finish two trailers which will be used at the annual North West Equestrian Expo event. Well done to all of these students for your hard work and for putting your skills to such good use!

Aimee Rossler



 **EBM** | StudentCover

**\$29 per
student**

Student accident insurance for full time students.

MUST apply ONLINE only. See link below.

<https://www.ebminsure.com/Studentcover/web/applicationform.aspx>

Further information available at the front office.



Free Birth Certificate and Free Birth Registration for Aboriginal young people who are:

- Pre-school aged children
- Primary school aged children
- Secondary school aged children
- transitioning from school to the workforce
- transitioning from school to further education
- Aboriginal parents/Carers/guardians to Aboriginal children
- Juvenile Justice detainees (School and transitional aged only)
- Adult Correctional Centres

For more information about applying and the ID requirements visit our website www.pathfinders.ngo or contact:

- Ron on 0429684488 or RonaldN@pathfinders.ngo

Pathfinders requires you to provide at least three of the following documents as Identification:

- Australian Drivers Licence
- Australian Passport
- Firearms Licence
- Foreign Passport
- Marriage Certificate
- RMS/RTA Photo card
- Certificate of Aboriginality
- Centrelink statement
- Centrelink/Veteran Affairs Card
- Medicare Card
- Credit/Debit Card
- Student or Tertiary ID Card

Please note:

A letter of support from the local Aboriginal Land Council/Corporation.

A Utility Bill such - (Gas, water, electricity, providing residential address) and Current Tenancy Agreement.

Please have your ID copied in colour and certified by Justice of the Peace.

CANTEEN MENU



Coonabarabran High School SUMMER Price List



| Breakfast | Cost |
|----------------------------------|------------------------------|
| Fresh fruit in season | \$1.00 |
| Bacon or Egg Muffin | \$2.00 |
| Bacon & Egg Muffin | \$3.00 |
| Toast (2 pieces) plain or raisin | \$1.00 |
| Hot chocolate | Small \$3.00 Large \$4.00 |
| Muesli & Yoghurt with fruit | \$3.50 |

Hot Food

Those marked with * available lunch time only—Please Order

| | |
|--|-----------|
| *Honey Soy Chicken & fried rice (2 drumsticks) | GF \$5.50 |
| *Fried Rice | \$4.00 |
| *Hamburger | \$5.50 |
| *Chicken Burger | \$5.50 |
| * with salad | \$6.00 |
| *Butter Chicken & rice | GF \$5.00 |
| Pasta with Homemade tomato sauce | \$2.50 |
| *Spaghetti Bolognese-Homemade | \$4.50 |
| Year 12 burger | \$4.50 |
| * With salad | \$5.00 |
| *McFoz Wrap - chicken chilli tender, lettuce, tomato, cheese, chilli sauce | \$5.00 |
| *The Greenie Wrap | \$5.50 |
| Meat pie | \$4.50 |
| Sausage roll | \$3.00 |
| Mini Pizza | \$1.50 |
| Chicken chilli tenders (individual) | \$1.50 |

Drinks

| | |
|----------------------|--------|
| Water | \$2.00 |
| Fruit juices (small) | \$1.50 |
| Sparkling Juice | \$2.50 |
| Small flavoured milk | \$3.00 |
| Large flavoured milk | \$4.00 |

Ice creams & Ice blocks

Varied prices

Requests Taken!

GF = Gluten Free
VEG = Vegetarian

Salads (Please Order)

| | |
|---------------------------------|------------------------------|
| *Salad with Chicken/Salmon/Beef | GF \$5.00 |
| *Chicken Caesar salad | Large \$5.00 Small \$3.50 |
| *Homemade Quiche & Salad | \$5.50 |
| *Homemade Frittata & Salad | GF \$5.50 |
| Quinoa Salad in Pot | GF & VEG \$4.50 |

Sandwiches/Rolls/Wraps (Please Order)

| | |
|--|--------|
| Chicken Caesar Wrap | \$4.50 |
| Chicken / Salad Wrap | \$4.50 |
| Tandoori/Salad Wrap | \$4.50 |
| Roast beef and Salad S/wich | \$4.50 |
| Salmon and Salad S/wich | \$4.50 |
| Egg & Lettuce S/wich | \$3.50 |
| Chicken & Lettuce S/wich | \$3.50 |
| Ham, Cheese and Tomato S/wich /toasted | \$3.50 |

Foccacia—chicken, red onion, sweet chilli, baby spinach, cheese \$5.00
OR SUGGEST YOUR OWN

Gourmet Baguettes [Baked Daily] (Please Order)

ALL \$5.00

.Turkey, cranberry, swiss cheese, avocado
.Roast Beef, chutney, cheese, salad
.SOA [Sandwich of Awesomeness]
Chicken, sun dried tomato, fetta, capsicum
.Chicken, avocado, mustard mayonnaise
.Chicken Caesar chicken, tomato, bacon, cheese, parmesan & caesar dressing
All Served with salad greens
.Chicken Salsa, bacon, salsa, cheese, sour cream—served warm

Snacks (subject to availability)

| | |
|------------------------------|-----------------|
| Mexican Salad Cup | GF & VEG \$4.50 |
| Watermelon Tubs/ Fruit salad | \$3.50 |
| Red Rock Deli Chips | \$1.50 |
| Grain Waves | \$1.50 |
| Blueberry or Apple Muffin | \$1.50 |

Please order to guarantee you choice!

CHECK POSTERS AT THE FRONT OF THE
CANTEEN FOR WEEKLY SPECIALS

