

## Year 6 Transition/Orientation Information

The PD/H/PE faculty is divided into 2 areas of responsibility:

1. PD/H/PE lessons. These are divided into two areas:

Theory element where students explore important aspects of life that will lead them to make informed and positive decisions about aspects of their wellbeing such as, mental health, sexual health, dietary needs, physical activity requirements, effective communication, discrimination and safe choices. **They are required to supply books pens etc.**

Practical classes where students are exposed to a diverse range of activities designed to encourage participation in physical activity, socialise students and build upon their cooperation skills with others. **For health and safety reasons they are required to bring a change of appropriate clothes and footwear for all practical lessons.**

2. Sport. Again, this is divided into areas:

Wednesday sport where students will be able to chose from a selection of sports offered for the term. The aim here is for students to develop enjoyment of physical activity with their peers. Changes allowed only under certain circumstances so choices should be made carefully. As it is the student's responsibility to select by the required time, if they fail to do this a selection will be made for them. **Students are to wear sports uniform on Wednesday's.**

Representative sport is limited in Year 7, however as students progress through school more opportunities become available. This is part of our Gifted and Talented program. Our school is a member of North West Schools Sport Association and hence the Combined High Schools Sport Association. All students have access to Swimming, Cross Country and Athletics selection through our school carnivals progressing through the pathway. Selection in school representative teams is through school trials which are advertised on school assemblies. Students must trial to be considered for selection. **Once selected, students are required to fulfil their commitments.**