



# CANTEEN MENU

## Coonabarabran High School SUMMER Price List



<b>Breakfast</b>	<b>Cost</b>
Fresh fruit in season	\$1.00
Bacon <b>or</b> Egg Muffin	\$2.00
Bacon & Egg Muffin	\$3.00
Toast (2 pieces) plain or raisin	\$1.00
Hot chocolate	Small \$3.00 Large \$4.00
Muesli & Yoghurt with fruit	\$3.50

### Hot Food

Those marked with \* available lunch time only—Please Order

*Honey Soy Chicken & fried rice	GF \$5.00 (2 drumsticks)
*Fried Rice	\$4.00
*Hamburger	\$5.00
*Chicken Burger	\$5.00
* with salad	\$5.50
*Curried Chicken & rice	GF \$4.50
Pasta with Homemade tomato sauce	\$2.50
*Spaghetti Bolognaise-Homemade	\$4.00
Year 12 burger	\$4.50
* With salad	\$5.00
*McFoz Wrap - chicken chilli tender, lettuce, tomato, cheese, chilli sauce	\$4.50
*The Greenie Wrap	\$5.00
Meat pie	\$4.00
Sausage roll	\$3.00
Mini Pizza	\$1.50
Chicken chilli tenders (individual)	\$1.50

### Drinks

Water	\$2.00
Fruit juices (small)	\$1.50
Daily Juice	\$2.50
Small flavoured milk	\$3.00
Large flavoured milk	\$4.00

### Snacks (subject to availability)

Watermelon Tubs/ Fruit salad	\$3.50
Red Rock Deli Chips	\$1.00
Grain Waves	\$1.00
Blueberry, Raspberry or Apple Muffin	\$1.50

Ice creams & Ice blocks Varied prices

### Salads (Please Order)

*Salad with Chicken/Salmon/Beef	GF \$5.00
*Chicken Caesar salad	Large \$5.00 Small \$3.50
*Homemade Quiche & Salad	\$5.50
*Homemade Frittata & Salad	GF \$5.50
Quinoa Salad Pot	GF \$4.50
Veggie Sticks with dip	\$3.50

### Sandwiches/Rolls/Wraps (Please Order)

Chicken Caesar Wrap	\$4.00
Chicken / Salad Wrap	\$4.00
Tandoori/Salad Wrap	\$4.00
Roast beef and Salad S/wich	\$4.50
Salmon and Salad S/wich	\$4.50
Egg & Lettuce S/wich	\$3.50
Chicken & Lettuce S/wich	\$3.50
Ham, Cheese and Tomato S/wich /toasted	\$3.50

### OR SUGGEST YOUR OWN

### Gourmet Baguettes [Baked Daily] (Please Order) ALL \$5.00

- .Turkey, cranberry, swiss cheese, avocado
  - .Roast Beef, chutney, cheese, salad
  - .SOA [Sandwich of Awesomeness]  
Chicken, sun dried tomato, fetta, capsicum
  - .Chicken, avocado, mustard mayonnaise
  - .Chicken Caesar chicken, tomato, bacon, cheese, parmesan & caesar dressing
- All Served with salad greens
- .Chicken Salsa, bacon, salsa, cheese, sour cream—served warm

### Requests Taken!

GF = Gluten Free



Please order to guarantee you choice!

CHECK POSTERS AT THE FRONT OF THE CANTEEN FOR WEEKLY SPECIALS