

**COONABARABRAN HIGH SCHOOL  
ASSESSMENT TASK NOTIFICATION**

**PDHPE**

**STAGE 6 YEAR: 11**



<b>Task Number:</b>	<b>1</b>		<b>Task Value:</b>	<b>30%</b>
<b>Subject:</b>	<b>PDHPE</b>		<b>Unit/Topic:</b>	<b>Better Health for Individuals</b>
<b>Date received:</b>	<b>Week 8, Term 1</b>		<b>Date Due:</b>	<b>Thursday 9am Week 10, Term 1</b>

**P1, P2, P3, P4, P5, P6, P15, P16**

- - This is a compulsory assessment task.
  - If a student absent, due to illness or misadventure from a task or the day a task is due, they must provide valid evidence, eg doctors certificate.
  - For planned absences, students must complete an extension form and hand it to your class teacher prior to the due date of the task.
  - Failure to do this will result in a mark of zero being recorded.

This task will be marked out of 15.  
 You will research one health behaviour of young people assessing the accuracy of societal perceptions related to this health behaviour.  
 You have to submit a written response of no more than 2000 words based on research of one health behaviour of young people. The written response will assess the accuracy of societal perceptions around the chosen health behaviour using this research. This is a take home assessment.

1. You will select one health behaviour of young people. For example, food habits, body image, physical activity, drug use, mental health, sexual health or road safety.
2. Conduct research on your chosen health behaviour of young people. Your research should use credible, relevant sources that explicitly address the following aspects of the chosen health behaviour:
  - Prevalence of, and trends in, this health behaviour
  - Main risk factors and preventative behaviours around this health behaviour
  - How society perceives the prevalence of this health behaviour
  - The accuracy of societal perceptions of this health behaviour in young people
 A bibliography of sources used in your research is to be included. Therefore, make sure that you note down the details of any sources that you use in your research so that this can be included in your bibliography.

You are encouraged to use a wide variety of research material including, but not limited to, this list:

- Your current Preliminary PDHPE textbook and class materials
- NESA Glossary of Key Terms:  
<https://educationstandards.nsw.edu.au/wps/portal/nesa/11-12/hsc/hsc-student-guide/glossary-keywords>
- AIHW (Australian Institute of Health and Welfare): <https://www.aihw.gov.au/>
- NSW Government Health: <https://www.health.nsw.gov.au>
- Australian Bureau of Statistics: <https://www.abs.gov.au>

Your teacher will advise you how long you will be given to complete this task.

3. Write your written response about your chosen health behaviour based on your research. Your written response should be no more than 2000 words, excluding your bibliography.

When writing your response, make sure you:

- demonstrate an insightful, considered response about your chosen health behaviour for young people.
- assess and use evidence from your sources (e.g. quotations, statistics) to support your analysis of your chosen health behaviour for young people.
- use terminology that is appropriate for the content and purpose of this task.
- acknowledge sources used in both the written report and in the bibliography.
- structure your response using paragraphs and sub-headings as appropriate.

For example, you might wish to use the following sub-headings:

- o Introduction that briefly outlines what your chosen health behaviour is
- o Prevalence and trends
- o Risk Factors and Protective Behaviours
- o Societal perceptions of chosen health behaviour amongst young people
- o Accuracy of societal perceptions
- proofread your response before submission to check for spelling and grammatical errors and to ensure that it reads well.

You will answer on a separate typed document using 12-point single spacing with normal margins (2.54cm).